

Holy Ghost Notes

WEEKLY DEVOTIONAL



**Delivered &
Empowered by the Holy Spirit!**

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Prayer of Deliverance

Once Free, Stay Free!

2- Study and Memorize God's Word.

Study your Bible every day--not only read it, but study it, absorb it, memorize scripture, make it a part of your daily thoughts and your being. You will get to know God by studying His Word.

3- Pray.

Prayer is conversing with God. Sometimes prayer is just being in the presence of God in a meditative attitude, but not saying anything. The goal of prayer is to have an intimate relationship with Him. You need to take the steps toward establishing this relationship.

4- Resist the devil.

You need to be strong in the Lord and in the power of His might to resist. By submitting to God and obeying God you will be able to resist.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded. (James 4:7-8)

The need to keep your deliverance.

When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none. Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished. Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation. (Matthew 12:43-45)

Why would the demon, an unclean spirit, come back to a "clean" house? One day, the Lord explained to me, "It was talking about a hotel room." There were hotels in Jesus' times and even before. If you remember the Christmas story: "There was no room at the inn". And hotels had the same procedures as they do today. Before admitting a new guest, they needed an empty room. And when the room was empty, they needed to clean and garnish it: clean sheets and towels, clean glasses, soap, etc. Then the room was ready to receive the guest. When the demon comes out of a person (his house), it tries to come back. If the person has not changed and continues in sin, the house is ready to receive the guest. Then the situation might be worse than before. The "seven other spirits more wicked than himself" are explained thus:

And if ye will not yet for all this hearken unto me, then I will punish you seven times more for your sins. (Leviticus 26:18)

And if ye walk contrary unto me, and will not hearken unto me; I will bring seven times more plagues upon you according to your sins. (Leviticus 26:21)

Then will I also walk contrary unto you, and will punish you yet seven times for your sins. (Leviticus 26:24)

Then I will walk contrary unto you also in fury; and I, even I, will chastise you seven times for your sins. (Leviticus 26:28)

cleansed, washed and now covers me, protects and seals my entire being! Father God, I pray for discernment and for a new vision to help me recognize and resist all evil and all fleshly, worldly ways through the power of the Holy Ghost who lives on the inside of me. I am a new creature in Christ Jesus! Old things are passed away, behold all things are become new! I now walk in newness of life! I am anointed through the Lord Jesus Christ, and I thank you Jesus for your guidance and discipline as I continue to be a victorious soldier and holy child of God. In Jesus Name I Pray! AMEN

Once Free, Stay Free!

1-Lead a Holy Life.

This requires a change of paradigms, a change of lifestyle. You need to change what you think, you need to change what you believe, and you need to change what your preferences are. Growth in the Lord requires change. Growing in Christ requires that you rid yourself of old ungodly habits, thoughts and actions, and replace these with the new things God is offering you through His Holy Word. Throw away the old you and put on the new you. God wants you to grow to the stature of Christ, and to do this you need to achieve holiness.

You may need to rid yourself of old friendships that induce you to sin. You may need to change some habits. You may need to change your manner of expressing yourself. Let the Holy Spirit guide you in this transformation. One example of changing old habits might be making a decision not to watch R-rated movies any longer, because of the graphic language and sexually explicit content. Do you think the Lord would consider watching R-rated movies a part of living a holy life? The Word says for us to be transformed by the renewing of our minds. Watching R-rated movies does not renew our minds in a godly manner.

But as he which hath called you is holy, so be ye holy in all manner of conversation; Because it is written, Be ye holy; for I am holy. (Peter 1:15-16)

That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness. (Ephesians 4:22-24)

Lie not one to another, seeing that ye have put off the old man with his deeds; And have put on the new man, which is renewed in knowledge after the image of Him that created him: (Colossians 3:9-10)

Here are the 50 Things the Holy Spirit does

1. The Spirit convicts the world of sin, righteousness, and judgment (John 16:8).
2. The Spirit guides us into all truth (John 16:13).
3. The Spirit regenerates us (John 3:5-8; Titus 3:5).
4. The Spirit glorifies and testifies of Christ (John 15:26; 16:14).
5. The Spirit reveals Christ to us and in us (John 16:14-15).
6. The Spirit leads us (Rom. 8:14; Gal. 5:18; Matt. 4:1; Luke 4:1).
7. The Spirit sanctifies us (2 Thess. 2:13; 1 Pet. 1:2; Rom. 5:16).
8. The Spirit empowers us (Luke 4:14; 24:49; Rom. 15:19; Acts 1:8).
9. The Spirit fills us (Eph. 5:18; Acts 2:4; 4:8, 31; 9:17).
10. The Spirit teaches us to pray (Rom. 8:26-27; Jude 1:20).
11. The Spirit bears witness in us that we are children of God (Rom. 8:16).
12. The Spirit produces in us the fruit or evidence of His work and presence (Gal. 5:22-23).
13. The Spirit distributes spiritual gifts and manifestations (the outshining) of His presence to and through the body (1 Cor. 12:4, 8-10; Heb. 2:4).
14. The Spirit anoints us for ministry (Luke 4:18; Acts 10:38).
15. The Spirit washes and renews us (Titus 3:5).
16. The Spirit brings unity and oneness to the body (Eph. 4:3; 2:14-18). Here the Holy Spirit plays the same role that He plays in the Godhead. The Spirit is the life that unites Father and Son. The Spirit plays the same role in the church. When the Holy Spirit is operating in a group of people, He unites them in love. Therefore, a sure evidence of the Holy Spirit working in a group is Love and Unity. Not signs and wonders (those are seasonal and can be counterfeited).
17. The Spirit is our guarantee and deposit of the future resurrection (2 Cor. 1:22; 2 Cor. 5:5).
18. The Spirit seals us unto the day of redemption (Eph. 1:13; 4:30).
19. The Spirit sets us free from the law of sin and death (Rom. 8:2).
20. The Spirit quickens our mortal bodies (Rom. 8:11).
21. The Spirit reveals the deep things of God to us (1 Cor. 2:10).
22. The Spirit reveals what has been given to us from God (1 Cor. 2:12).
23. The Spirit dwells in us (Rom. 8:9; 1 Cor. 3:16; 2 Tim. 1:14; John 14:17).
24. The Spirit speaks to, in, and through us (1 Cor. 12:3; 1 Tim. 4:1; Rev. 2:11; Heb 3:7; Matt. 10:20; Acts 2:4; 8:29; 10:19; 11:12, 28; 13:2; 16:6,7; 21:4,11).
25. The Spirit is the agent by which we are baptized into the body of Christ (1 Cor. 12:13).
26. The Spirit brings liberty (2 Cor. 3:17).
27. The Spirit transforms us into the image of Christ (2 Cor. 3:18).
28. The Spirit cries in our hearts, "Abba, Father" (Gal. 4:6).
29. The Spirit enables us to wait (Gal. 5:5).
30. The Spirit supplies us with Christ (Phil. 1:19, KJV).

31. The Spirit grants everlasting life (Gal. 6:8).
32. The Spirit gives us access to God the Father (Eph. 2:18).
33. The Spirit makes us (corporately) God's habitation (Eph. 2:22).
34. The Spirit reveals the mystery of God to us (Eph. 3:5).
35. The Spirit strengthens our spirits (Eph. 3:16).
36. The Spirit enables us to obey the truth (1 Pet. 1:22).
37. The Spirit enables us to know that Jesus abides in us (1 John 3:24; 4:13).
38. The Spirit confesses that Jesus came in the flesh (1 John 4:2).
39. The Spirit says "Come, Lord Jesus" along with the bride (Rev. 22:17).
40. The Spirit dispenses God's love into our hearts (Rom. 5:5).
41. The Spirit bears witness to the truth in our conscience (Rom. 9:1).
42. The Spirit teaches us (1 Cor. 2:13; John 14:26).
43. The Spirit gives us joy (1 Thess. 1:6).
44. The Spirit enables some to preach the gospel (1 Pet. 1:12).
45. The Spirit moves us (2 Pet. 1:21).
46. The Spirit knows the things of God (1 Cor. 2:11).
47. The Spirit casts out demons (Matt. 12:28).
48. The Spirit brings things to our remembrance (John 14:26).
49. The Spirit comforts us (Acts 9:31).
50. The Spirit makes some overseers in the church and sends some out to the work of church planting [through the body] (Acts 20:28; 13:2).

Summary: The Holy Spirit unites us to Jesus Christ and to His body. The Spirit reveals Christ to us, gives us His life, and makes Christ alive in us. The Spirit takes the experiences of Jesus . . . His incarnation, ministry, crucifixion, resurrection, and ascension . . . and brings them into our own experience. Because of the Holy Spirit, the history of Jesus Christ becomes our story and experience. Unfortunately, some movements have become known for their excesses in regard to the Holy Spirit's work.

Prayer of Deliverance

Heavenly Father I come to you now in Jesus' name, to repent of all the sins in my life and also in the lives of my ancestors in words, thoughts, deeds or actions, that may have resulted in a curse. I repent of all disobedience, rebellion, mistreatment of others, lying, cheating, using or slandering your name in vain. I repent of all perversion, lust, incest, fornication, adultery, idolatry, all witchcraft, murder, and any occult involvement.

Heavenly Father, I ask for your forgiveness and cleansing through the blood of your Son, the Lord Jesus Christ. Please wash me, cleanse me, purify my heart, my mind my body and my soul from all ungodly defilement! Fill me with your Holy Ghost and that with fire! Lord Jesus I now take the authority you have given me and ask that you anoint me now as I command all demonic spirits of anger, rage, fear, depression, destruction, torment, guilt, bondage, rejection, unforgiveness, bitterness, mind-control, double-mindedness, confusion, passivity, sickness, diseases, pain, fetter and all addictions to food, alcohol, drugs, sex, pornography, gambling, or nicotine to come out in the name of Jesus! Out of my heart, my mind, my conscious and my subconscious mind, my body and my soul! Come out in Jesus great name! Bound in chains and back to dry places. No demonic spirit is welcome in this holy temple! I am private property, No trespassing! I am washed, covered, protected, healed and sealed by the blood of the Lamb!

I break all spoken curses and spells that may have been performed over my life and any curses resulting from involvement with Ouija board, Psychics, tarot cards, Horoscopes, secular music, or through TV, movies or pornography. I break all curses off my family, marriage, children and relatives. I break every shackle, chain, cord, habit, craving, debt, soul-ties and any spirit that has tried to rob, kill, or destroy my life. I command my family to be set free. I break every demonic assignment over my family, satan loose them now! The Lord Jesus rebuke you! In Jesus' name, according to Galatians 3:13, Christ has redeemed me from the curse of the law. Jesus Christ is the Way, the Truth, and the Life. I am now God's child and through my Lord Jesus, I am able to cast down all demonic powers and spirits that come against me or in my family's lives. I cast down imaginations and every high thing that exalteth itself against the knowledge of God, and bring into captivity every thought to the obedience of Christ. I have let this mind be in me which was also I Christ Jesus! I choose to keep my mind renewed by God's Word daily that is Spirit and Life.

I am not cursed, I am but blessed! I am blessed coming in and blessed going out. I am above only and not beneath. I am the head and not the tail. I am victorious. I am more than a conqueror through and in Christ Jesus! I am blessed and what God has blessed cannot be cursed. I am free, and I am saved. I have now exercised my faith and know that confession is made unto salvation (Romans 10:9,10). All of my sins have been remitted, and I am loosed from the curse that came as a result of disobedience and rebellion to the Word of God. I am free and free indeed!

Thank you Heavenly Father, thank you Lord Jesus, thank you Holy Spirit for forgiving me and loving me. Thank you for setting me free from every curse and spirit that has operated in my life. I thank you for the blood of Jesus that has

Authority by which they live their lives. Spiritual Christians are separated from the world. They do not tire of obeying God. They love God, the Church, they attend faithfully, and give biblically, bringing God's Tithe into God's Storehouse. They yield themselves unto God, as those that are alive from the dead, and their members unto righteousness. (Romans 6:13) They are as unresponsive to sin as a dead man is to hot or cold, to pain or to pleasure. They give themselves deliberately to God to be directed and motivated by His Holy Spirit. The Holy Spirit is their **sculptor**, the Word of God is their **chisel** and their **pattern** is Jesus. They do not look for "highs" anywhere other than in Christ Jesus, the Lord. He is the ultimate "High." In Him we live, in Him we move, in Him we have our being.

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3 Steps to Deliverance

A person coming for **deliverance** must be convicted of sin and truly want to be delivered out of their bondage. Jesus is true to His Word, anyone who seeks Him with an earnest heart to be free, will experience His freeing power. Here are 3 steps of action for getting free: **repent, renounce and break.**

Repent. "Repent" literally means being "re-penitent" or "again humble." One who is penitent expresses humble or regretful pain or sorrow for sins or offenses. To repent means to come back to that place of humility and sorrow over sin. To have a change of mind, change of heart, to turn from sin and turn to God. We are coming back to the one who grants **forgiveness**. We are affirming our need for the Savior, Deliverer and Redeemer and Healer, Jesus.

If there is no repentance, then we continue to walk in darkness, deceived by the enemy. And if we continue to be deceived, we remain in bondage.

Renounce. To "renounce" means to "give up, refuse, or resign by formal declaration." Whereas repenting is directed toward God, renouncing is directed toward the enemy.

We are countermanding any words that contradict **God's Word**. We are making a formal declaration that we will no longer align ourselves with things that oppose God. We are canceling any and all agreements with the enemy.

God has given us authority in Jesus' name to cancel any spiritually binding contract we may have made with the devil through our words, thoughts and deeds. We must shut the door on the devil, refusing by formal declaration to walk in the ways of the past. Renouncing is the means by which we cut off any legal right for the enemy to bind or torment us. This is the way we resist him.

If our words have been contrary to God's, then we have aligned ourselves with the works of darkness. To be free from them, we must repent, and then counter those words with God's Word, thus renouncing the works of darkness in our lives.

Break. After we repent, we have the right to cancel or renounce any legal hold the enemy had over us. The **yoke of bondage** can be destroyed off our lives. God loves to see us come to the place where yokes are broken--and it thoroughly frustrates the enemy!

Natural Man, Carnal Christian, Spiritual Christian, Which One Are You?

The New Testament describes three kinds of people. The **first** is the **Natural Man**. Any person who fits this description is not a Christian. The Apostle Paul wrote, "The natural man receiveth not things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned" (I Cor. 2:14). When a person that is yet lost, in the clutches of Satan, tells a Christian witness, "I Just can't see it," he is speaking accurately. He really cannot understand the inspiration of the Word. These facts elude him because he is still a natural man. In the natural state one cannot grasp spiritual truth. A lost person who has never had an experience with God through Jesus Christ, one who has never been born again, cannot grasp the truths of the things of the Spirit of God.

The **second** kind of person is the **Carnal Christian**. This person is saved but is dominated by desires and impulses that are related to this world. He is fleshly, he is carnal. In I Corinthians 3:1 Paul wrote, "I brethren, could not speak unto you as unto spiritual, but as unto **Carnal**, even as unto babes in Christ." These were Christians, but they were cases of arrested development. They drink milk out of baby bottles, they are still sucking pacifiers, and they are being spoon-fed pabulum. Feeding them meat makes them choke. They become critical and drop out---fall by the wayside--- simply because the meat of the Word is too strong for them. These Carnal Christians will quench the spirit for fear of being called fanatical. They fear becoming emotional, and lack boldness in their witness for Christ. The quality of Carnal Christians lives is like a roller coaster ride. Up and down, never achieving stability and constancy through faith in Christ Jesus. They are spiritually barren. They feel more drawn to worldly things than to spiritual things. The Carnal Christian is more at home, in a club or bar, at a movie theater or on the golf course than at church or at some church related activity. He finds his highs somewhere other than in Jesus Christ. The Carnal Christian does not pray, does not study the Word of God, and does not have Christian honoring purposes. Whatever he does in the Kingdom, he does in his own strength, the flesh, and not in the Spirit.

There is a **third** kind of person described in God's Word. This one, also a Christian, is described in I Corinthians 2:15; "He that is spiritual judgeth all things, yet he himself is judged of no man." **Spiritual Christians** allow the Holy Ghost to take control of their lives. They are undergoing the process of being sanctified, meet for the Master's use and prepared unto every good, godly work. They obey the Spirit of God. They study the Word of God, and obey the Word of God. They believe that the Word of God, the Bible is the

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It is quite common to use **anointing oil** when praying for someone's deliverance. The oil serves as a point of reference to build faith. We are declaring that repentance has taken place, the enemy has been renounced, and now, with the authority of Jesus' name and because of the power of His death and resurrection, the yoke of bondage is broken. "The yoke will be destroyed because of the anointing oil" (Is. 10:27). That one is Jesus, the Messiah, the anointed one (see Is. 61:1).

At this point of breaking, a struggle begins and ends. It is the primary place of confrontation with the enemy, and now the light of Jesus is shining where darkness once ruled. The enemy has been found out and cast out. It is a great time of freedom and joy.

Our Authority in Christ

It is vital for believers of Christ going into battle to be aware of their authority in Christ. We are dealing with **disobedient spirits**. These demons will use any opportunity to bluff, intimidate, lie or oppose when confronted. When Jesus said, He was giving us authority, He was telling the truth. "And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues" (Mark 16:17). Jesus commended the centurion who believed that if Jesus gave the word, his servant would be healed. This centurion understood authority and knew the power of the one giving the healing command. It is not a haughty authority but a humble, honest response to who Jesus is and what HE has done.

In the natural realm, the reason we stop our car when the lights on a police car are flashing behind us is not because of whose inside but because of what he represents. The officer in that car may be on the job for the first day. He might be slight of build. He might not be feeling well. Yet, if he flashes his lights, we stop. Why? He represents the law. He is coming in the name of the law. If we resist, we are resisting to our own calamity. The entire judicial system will back up the police officer.

In the spiritual realm, our authority is derived not from our own strength but from the ONE who granted it to us. Our authority is no less because we're new at it or because we're young. Spiritual authority depends not upon us but upon HIM.

Deliverance Prayer is so different from what people are used to. Normally when praying for someone else, we close our eyes, bow our heads and speak words of encouragement and blessing. When praying deliverance, keep your eyes open, looking at the one to whom you're ministering to, watching for any signs of struggle, sorrow, anger, other emotion or demonic manifestations.

Our words are not directed to God; we are launching a frontal attack against the enemy. We are coming against whatever demon has deceived and manipulated the one in front of us.

A good way to explain the authoritative tone of warfare prayer is to: Imagine a child you love standing in front of you. Now picture a ravenous dog, snarling and baring its teeth, approaching to harm this child. How would you respond? Would you gently say: "Go away, little dog. Please don't bother us"? Would you simply wave your hand at it and go on walking? No, certainly not! Most of us would look for a rock or a stick and, with a loud voice, would threaten the dog with violence. We'd pick up the child and defend him with our own life, if necessary.

7. *Be Constantly on Guard.* "That soul that will not watch against temptations, will certainly fall before the power of temptations." The enemy strengthens his assaults when the soul grows drowsy and careless. So be constantly on guard. "Watchfulness is nothing but the heart busied and employed with diligence, determination to obey and be a doer of God's Word. To walk by faith and not by sight. To walk circumspectly not as fools.

8. *Continue Communing With God.* It is as you join in communion with God that he gives you strength to resist Satan's attacks. "A soul high in communion with God may see temptations coming, but will be empowered to conquer temptations. Such a soul will fight it out to the death." Take full advantage of God's Holy Ghost Power and Protection.

9. *Do Not Engage the Enemy's Temptations In Your Own Strength.* You need to draw the power, and even the desire, to resist sin and the wooing of the enemy from Jesus Christ and the Holy Ghost and you need to do this every day. "Certainly that soul that engages against any old or new temptation without God's strength, from on high, will fall before the power of temptation." Commune with God, stay prayerful, meditate in God's Word, be on guard, be humble—do all of these things! Be strong in the Lord and in the power of His might. Submit to God, resist the devil and he will flee from you!

10. *Pray Constantly.* "Prayer is a shelter to the soul, a sacrifice to God and a scourge to the devil." So pray and pray constantly. Know that Christ's blood has been applied to you; tell God that you are his child; ask God to deliver you from temptation for the glory of His name.

You have the authority to roust the enemy from your own life as well as the lives of others. Stand bold in the power of God and don't back down to the enemy! Wielding the Word of God, the Sword of the Spirit and pleading the Blood of Jesus!

10 Ways To Resist The Enemy

It is one of the Bible's many sweet and powerful promises: "Resist the devil and he will flee from you" (James 4:7). The question is, how do we do this? In very practical ways, how do we resist the devil? Here are a list of ten ways the Christian can resist satan's temptations.

- 1. Be Ruled by the Word.** Make the Word of God your rule and authority and live in obedience to all it says. It will keep you walking straight and guard you from all manner of temptation. "When men throw off the Word, then satan takes them by the hand, and leads them into snares at his pleasure." We are to give no place to the devil, no open door, no opportunity for him to come in.
- 2. Beware of Grieving the Holy Spirit.** It is the Holy Spirit that gives the Christian the ability to discern satan's temptations and to see his hand in and behind life's circumstances. If you grieve the Spirit, you drive off the one whose ministry involves guarding you against satan's attacks.
- 3. Labor for Wisdom.** There is a great difference between knowledge and wisdom, between accumulating facts and applying Scripture to those facts so they become wisdom. It is not the Christian with the most knowledge, but the Christian with the most wisdom and power, who is equipped to battle satan's temptations.
- 4. Resist the First Stirring of Temptation.** We must stand in the power of the Holy Ghost and resist temptation and not dip and dabble in it, that is dangerous. "He that will play with satan's bait, will quickly be taken with satan's hook." God promises that we can resist *temptation*, but we must first submit to God, His Will, His Way and His Word. We must allow the power of the Holy Ghost to daily illuminate our lives.
- 5. Labor to Be Filled With the Spirit.** The Spirit is light and power. The Spirit's light shines bright against the darkness of sin and his power is sufficient to overcome all evil and temptation. When it comes to standing against satan's temptations, it is better to have a heart filled with the Spirit than a head filled with facts.
- 6. Keep Humble.** A humble heart would rather lie in the dust than rise to prominence by sinful means; it would prefer to lose everything than to sin and be left with a guilty conscience. To get what you wanted but lose what you had. The humble person is neither drawn in by what satan offers, nor terrified by his threats, because he knows grater is HE that is in me than he that is in the world! If GOD be for us who can be against us.

Seven Steps for Retaining Deliverance

1. Put on the Whole Armor of God

The Christian's spiritual armor is set forth in Ephesians 6:10-18. There are seven pieces of armor: (1) Loins girt about with truth, (2) The breastplate of righteousness, (3) Feet shod with the preparation of the gospel of peace, (4) The shield of faith, (5) The helmet of salvation, (6) The sword of the Spirit which is the word of God, and (7) Praying in the Spirit. Pay careful attention to the "helmet of salvation" for the guarding of your thought life. Most demons seeking to reenter assail the thoughts. Become watchful of any thoughts that could be considered negative; they are from the enemy. Separate their thoughts from your own. Refuse the thoughts they give you and replace them with positive spiritual thoughts. (See Philippians 4:8). Resist the devil at the first sign of his attack.

2. Confess Positively

Negative confessions characterize demonic influence. Positive confession is faith Words. Any other confession will open the door to the enemy. Study God's word and speak God's word over and into your life. Such as... I'm the head and not the tail, I am victorious, I am more than a conqueror, I am strong in the Lord and in the power of His might, I can do all things through Christ which strengthens me, I have the mind of Christ, I am a new creature in Christ, old things are passed away, behold all things are become new, I walk in newness of life, I trust in the Lord with all my heart and lean not unto my own understanding, in all my ways I acknowledge Him and He directs my path!!

For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. Mark 11:23

3. Stay in the Scripture

Jesus withstood satan's temptation by using scripture. The Word is a mirror to the soul (James 1:22-25); it is a lamp unto the feet for guidance (Psalm 119:105); it is a cleansing agent (Ephesians 5:25-26); it is a two-edged sword, laying bare the heart (Hebrews 4:12); it is food for the spirit (1 Peter 2:2; Matthew 4:4). No person can long maintain deliverance apart from the Word of God as a primary factor in his life, to hear and obey God's Word. We must submit to God, His Will, His Way and His Word, then we can resist the devil and he will flee from us.

How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers!

But his delight is in the law of the Lord, and in His law he meditates day and night.

He will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does, he prospers. Psalm 1:1-3

4. Crucify the Flesh

Take up your cross daily and follow Jesus. (Luke 9:23). Break old habit patterns set up in league with evil spirits. If fleshly appetites, desires and lusts are not brought to the cross, a way for demons to return will be left open. (Galatians 5:19-21, 24) Give no place to the devil. Don't give him any legal access to your life.

5. Develop a Life of Continuous Praise and Prayer

Praise silences the enemy. Praise invokes God to sit down into our situation. Praise is the expression unto God of thankfulness, adoration and joy by speaking, singing, shouting, dancing, leaping, playing musical instruments, clapping the hands, etc. Pray in the Spirit (in tongues) and also in the understanding (1 Corinthians 14:14). "Pray without ceasing." (1 Thessalonians 5:17)

6. Maintain a Life of Fellowship and Spiritual Ministry

It is the sheep that wanders from the flock that is most endangered. Find and fulfill your function within the body of Christ. Desire spiritual gifts and yield to their operation through you as the Holy Ghost guides and empowers you within the body of Christ. (See 1 Corinthians 12:7-14). Keep yourself under authority. Follow and obey Godly leadership as you submit to the directives of God's Holy Word.

7. Commit Yourself Totally to Christ

Determine that every thought, word and action will reflect the very nature of Christ. Abide in Christ that the fruit of the Spirit might come forth in abundance. Demon spirits are enemies of the fruit of the Spirit. Faith and trust in God is the greatest weapon against the devil's lies.

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. Ephesians 6:16

has promised...we are not of those who shrink back and are destroyed, but of those who believe and are saved.

Heb. 10:32, 35-39 (NIV)

Holy Ghost Tips:

1. Develop a daily habit of spending quality time with God.
2. Memorize Bible verses to recall in difficult times.
3. Listen to Christian music, praise and worship, biblically sound gospel songs to keep your mind and heart in tune with God.
4. Develop a Christian friendship so that you'll have a prayer partner and someone to call to encourage and exhort you in the Lord. Someone to be accountable to in the Lord.
5. Get involved in a church ministry as a leader or worker. Be faithful and determined to add strength to that ministry. Be committed to doing the Lord's Work in the Lord's Way.
6. Fail not to attend a bible study class each week and always have private study and prayer at home.
7. Allow the love of God and forgiveness to dwell in your heart.
8. Bless the Lord at all times. Keep praise upon your lips.

5. Stay in the Word of God, keep studying and meditating in it daily.

Hold on to instruction, do not let it go; guard it well, for it is your life.

Pro. 4:13 (NIV)

6. Stay in fellowship often with other true believers of Christ Jesus. You can't make it alone as a Christian. We need the strength, prayers, support, and accountability to others.

And let us not neglect our meeting together, as some people do, but encourage and warn each other, especially now that the day of his coming back again is drawing near.

Heb. 10:25 (NLT)

7. Stay firm in your faith. Difficult times will come but God is able to carry you through them all.

All men will hate you because of me, but he who stands firm to the end will be saved.

Mat. 10:22 (NIV)

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Gal. 5:1 (NIV)

8. Persevere.

Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. Watch your life and doctrine closely, persevere in them, because if you do, you will save both yourself and your hearers.

I Tim. 4:15-17 (NIV)

9. Run the race to win.

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize, everyone who competes in the games goes into strict training...we do it to get a crown that will last forever.

I Cor. 9:24-15 (NIV)

10. Remind yourself of what God has done for you in the past.

Remember those earlier days after you had received the light, when you stood your ground in a great contest in the face of suffering. So do not throw away your confidence, it will be richly rewarded. You need to persevere so that when you have done the will of God you will receive what He has

NOTE: Doing these seven things will ensure that your “house” (life) is filled after having been cleansed. No demon will be able to return much less bring any others with him. If a spirit should trick you and regain entrance, see that he is cast out as soon as possible, either by yourself or with the help of other believers. If other areas of demonic activity in your life are subsequently brought to light, seek deliverance. Jesus has made possible complete deliverance. Walk in daily deliverance.

For if while we were enemies we were reconciled to God through the death of His Son, it is much more (certain), now that we are reconciled that we shall be saved (daily delivered from sin's dominion) through His (resurrection) life. Romans 5:10 Amplified

Holy Ghost Notes

10 Steps to Avoid Backsliding

The Christian life is not always an easy road. Sometimes some of us lose our focus in God and get off track. The Bible says to encourage your brother to turn back, if one turns away from the Living God. If you have found yourself backsliding, or drifting away from the Lord, then get back on course today.

Time Required: A Life Time of Sincere Service, Devotion unto our Faithful God.

1. Examine your faith life regularly.

Examine yourselves whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in the test?

2 Cor. 13:5 (NIV)

2. If you find yourself drifting away, turn back immediately.

See to it brothers, that none of you has a sinful, unbelieving heart that turns away from the Living God. But encourage one another daily as it is called Today, so that none of you be hardened by sin's deceitfulness.

Hebrews 3:12-13 (NIV)

3. Come before God daily in prayer and ask for forgiveness and cleansing.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

I John 1:9 (NIV)

Blessed are those who wash their robes, that they may have the right to the tree of life and may go through the gates of the city.

Rev. 22:14 (NIV)

4. Continue daily seeking the Lord with your whole heart.

And you my son, Solomon, acknowledge the God of your fathers and serve Him with whole-hearted devotion and with a willing mind, for the Lord searches with every heart and understands every motive behind thoughts. If you seek him, he will be found by you; but forsake him, he will reject you forever. I Chron. 28:9 (NIV)