



Friendship Baptist Church of Christ Jesus  
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## A Call to Prayer and Fasting

As we press forward faithfully in God for 2022, we must continue in a GODLY coordinated, constructive, prayerful, and wise way, to focus on Maximizing GOD'S Ministry. In Romans 13:12, Paul writes, Christians must throw away any works of darkness, and worthless things that we have done that belong to the night. Paul insists, we must prepare for the day by putting on the Armor of light. Why is light so valuable and its loss so devastating? When light is diminished in our lives, motivation toward the things of God can also diminish to the degree that we are no longer dedicated to study and obedience to God's Word. We are also more susceptible to temptation, and can become weak, shrivel and eventually become spiritually dead.

We are commanded to walk in the light as Jesus is in the Light. Light is like a protective shield that can withstand the fiery darts of the adversary. Maintaining Light is like staying spiritually in shape so that when the test comes we can meet it. Time with GOD is VITAL if we expect to stay in shape spiritually and have a fruitful, blessed and GOD directed life! Our breakthrough and victory as a believer is dependent on our ability to hear and heed God's voice through prayer, fasting, and a consecrated life. Join us on this fast as we Pray, seek God, and give Him our first and best at the beginning of the year, knowing HE will honor that sacrifice and bless our ENTIRE year!

### DANIEL FAST

The fast God has chosen for us is the partial fast patterned after the lifestyle of the prophet Daniel whose name means "God is my Judge". Daniel first entered into a fast to abstain from eating the King's meat or drinking the King's wine. (Daniel 1:1-21). The fast will be conducted as follows:

**January 19 - February 18, 2022**

#### Allowable food items

**Whole Grains:** Brown Rice, Oats, Barley, etc. - **Legumes:** Beans, Peas, Lentils, etc. - **Fruits, Vegetables, Nuts:** all types - **Oils for sauteing:** Olive, Canola, Peanut oil - **Liquids:** Water, Fruit & Vegetable Juices - **Dairy/Protein:** Eggs, cheese, etc. **NO** Sweets or fried foods

**Fish & Poultry can be eaten every 7<sup>th</sup> day (January 25, February 1, 8, 15)**

### SPIRITUAL PREPARATION

- Commit to confess, repent, and forsake all sin before and during the fast.
- Remove yourself from the distractions of media and literature, to keep your heart and mind on seeking God's face and reject worldly desires (Romans 12:12-2)
- Set aside time daily for prayer, bible study praise and worship- **See Prayer and Bible Reading Calendar**

### 2022 Church Theme

**11** And that, knowing the time, that now it is high time to awake out of sleep; for now is our salvation nearer than when we believed. **12** The night is far spent, the day is at hand; let us therefore cast off the works of darkness, and let us put on the armour of light. *Romans 13:11-12 (KJV)*

## Friendship Baptist Church of Christ Jesus – Prayer and Bible Reading Calendar 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			JANUARY 19			
			Isaiah 58 Prayer of expectation and manifestation for this God chosen fast	Psalms 145 Spend time reflecting and praising God	1 John 1:5-10 Ask the Lord to forgive and cleanse us from our sins	Hebrews 12:1-2 Pray for release from the regrets, sins, and failures of the past
23	24	25	26	27	28	29
Proverbs 3:5-6 Pray for Pastor & Evang Burleson for wisdom, strength & protection	1 Peter 1:3-12 Give thanks to God for salvation. Pray for the unsaved to accept Christ	Numbers 6:24-26 Pray for Pastor, Evang Burleson & family for God's blessings	Psalms 19 Pray for all ministry leaders to be sensitive and obedient to God	Proverbs 3:1-10 Pray that God would give us the fruit of our increase as we obey him	Deuteronomy 28:1-14 Pray that God will bless the ministry of Friendship	Psalms 77 Pray that God will work miracles for his glory
30	31	FEBRUARY 1	2	3	4	5
2 Corinthians 8 Pray for God to meet the financial needs of the body of Christ	Ephesians 5:21-33 Pray for Marriages	2 Corinthians 9 Pray for God to meet our personal and ministry needs	Phil 4:19- Pray for everyone who owns or desires to have a business	Psalms 23 & 100 Give thanks to God for his goodness, mercy, love, and kindness	Ephesians 1:15-23 Pray for the church to be filled with the power of Christ	Eph 6:1-4, 1 Tim 4:12- Pray for youth in the fellowship and community
6	7	8	9	10	11	12
Ephesians 3:14-21 Pray for the church to be filled with the love of Christ	1 Tim 2:1-8 Ask the Lord to ignite believers to pray for our nation	Matthew 9:35-38 Pray for more laborers for the harvest of souls	James 4:7-8 Pray we will draw near to God and be faithful	Acts 1:8, Jude 20 Give thanks to God for the power of the Holy Spirit. Pray in the Spirit	3 John 2 Pray for the church family to prosper as our souls prosper	Romans 12:1-2 Surrender to the Lord and ask him to use us for his glory
13	14	15	16	17	18	
Matthew 5:6 Pray the congregation will hunger for spiritual transformation	Revelation 11:15-19 Praise God simply for who He is	2 Peter 3:9 Pray that God will continue to save souls through the ministry	Psalms 133 Pray for unity in the local fellowship and body of Christ	Matthew 5:6 Pray the congregation will hunger for spiritual transformation	Revelation 11:15-19 Praise God simply for who He is	